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|------------------------------------|---|--|---|
| <b>Report to:</b>                  | Cabinet<br>Health and Wellbeing<br>Board<br>Overview and<br>Scrutiny Committee<br>(Children's Services<br>and Safeguarding)<br>Overview and<br>Scrutiny Committee<br>(Adult Social Care<br>and Health)<br>Council | <b>Date of Meeting:</b>                    | 25 May 2017<br>14 <sup>th</sup> June 2017<br><br>21 <sup>st</sup> June 2017<br><br>27 <sup>th</sup> June 2017<br><br>13 July 2017 |
| <b>Subject:</b>                    | Public Health Annual<br>Report 2016   | <b>Wards Affected:</b>                     | (All Wards);  |
| <b>Report of:</b>                  | Head of Health and<br>Wellbeing   |  |   |
| <b>Is this a Key<br/>Decision?</b> | No  | <b>Is it included in the Forward Plan?</b> | Yes   |
| <b>Exempt/Confidential</b>         | No  |  |   |

### Purpose/Summary

To present the Annual Report of the Director of Public Health 2016.

### Recommendation(s)

The Cabinet is requested to receive the report and recommend it to Council for publication.

The Health and Wellbeing Board and the Overview and Scrutiny Committees are requested to note the content of the report

The Council is requested to:

1. receive the annual report of the Director of Public Health; and
2. note that the report will be published

### How does the decision contribute to the Council's Corporate Objectives?

|   | <u>Corporate Objective</u>    | <u>Positive Impact</u> | <u>Neutral Impact</u> | <u>Negative Impact</u> |
|---|-------------------------------|------------------------|-----------------------|------------------------|
| 1 | Creating a Learning Community | x                      |                       |                        |
| 2 | Jobs and Prosperity           | x                      |                       |                        |
| 3 | Environmental Sustainability  | x                      |                       |                        |

|   |   |   |  |  |
|---|---|---|--|--|
| 4 | Health and Well-Being   | x |  |  |
| 5 | Children and Young People   | x |  |  |
| 6 | Creating Safe Communities   | x |  |  |
| 7 | Creating Inclusive Communities  | x |  |  |
| 8 | Improving the Quality of Council Services and Strengthening Local Democracy | x |  |  |

**Reasons for the Recommendation:**

The report is a statutory independent report of the Director of Public Health and identifies key issues affecting health in the Sefton population.

**What will it cost and how will it be financed?**

**(A) Revenue Costs**

No direct costs associated with the report.

**(B) Capital Costs**

No direct costs associated with the report.

**Implications:**

The following implications of this proposal have been considered and where there are specific implications, these are set out below:

|   |                            |
|---|----------------------------|
| <b>Financial</b>  |                            |
| <b>Legal</b><br>Section 73B (5) and (6) of the National Health Service 2006 Act, inserted by section 31 of the Health and Social Care Act 2012, provides that the Director of Public Health must produce an annual report and the local authority must publish the report |                            |
| <b>Human Resources</b>  |                            |
| <b>Equality</b>   |                            |
| 1. No Equality Implication  | <input type="checkbox"/> x |
| 2. Equality Implications identified and mitigated   | <input type="checkbox"/>   |
| 3. Equality Implication identified and risk remains   | <input type="checkbox"/>   |

**Impact of the Proposals on Service Delivery:**

This report should be taken into account in all service areas.

**What consultations have taken place on the proposals and when?**

The Head of Corporate Resources has been consulted and has no comment on the report as there are no direct financial implications for the Council arising from the content of the report. (FD 464317) and the Head of Regulation and Compliance (LD3929/17) has been consulted and any comments have been incorporated into the report.

**Implementation Date for the Decision**

Immediately following the Council meeting.

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**Background Papers:**

None.

## **1. Introduction/Background**

The Director of Public Health (DPH) is required to produce an independent annual report on the health and wellbeing of their population highlighting key issues.

It is an important vehicle by which the DPH can identify key issues, celebrate success, flag up problems, report progress and, thereby, serve their local populations. It will also be a key resource to inform local inter-agency action.

The 2016 annual report is centred on the wider determinants of health. This report considers the root causes of health inequalities across Sefton, what actions are already being undertaken locally to address these issues, as well as recommendations for future actions.

This report has been developed through collaborative working with a range of Council and external partners, and the topic and content have been agreed with the portfolio holder for Health and Wellbeing.

## **2. Aims of the Report**

- Contribute to improving the health and wellbeing of local populations.
- Reduce health inequalities.
- Promote action for better health, through measuring progress towards health targets.
- Assist with the planning and monitoring of local programmes and services that impact on health over time.
- Be relevant to the health of local populations with information analysed at the most appropriate population level.
- Must be integral to planning across all sectors and needs to promote action.
- Should include a clear set of recommendations that are targeted, realistic and achievable (SMART).

## **3. Structure of the Report**

It is proposed that the PHAR will be structured around the 'nine key areas that improve public health and reduce inequalities' identified in the 2013 Kings Fund Report - Improving the public's health: a resource for local authorities (2013)

[https://www.kingsfund.org.uk/sites/files/kf/field/field\\_publication\\_file/improving-the-publics-health-kingsfund-dec13.pdf](https://www.kingsfund.org.uk/sites/files/kf/field/field_publication_file/improving-the-publics-health-kingsfund-dec13.pdf)

These nine areas are:

- The best start in life
- Healthy schools and pupils
- Helping people find good jobs and stay in work
- Active and safe travel
- Warmer and safer homes
- Access to green and open spaces and the role of leisure services
- Strong communities, wellbeing and resilience
- Public protection and regulatory services
- Health and spatial planning

## **4. Recommendations**

The following recommendations will guide the work of Sefton Public Health Team in addressing the wider determinants of health over the coming year and beyond. Some recommendations relate to activity which the Public Health team will undertake itself, whilst others refer to work which we will progress in partnership with others within the Council and wider organisations. We will report on progress made against these recommendations in the 2017 Public Health Annual Report.

### **1. The best start in life**

- Continue to develop and improve the new 0-19 Service by listening to the views of families and young people, to ensure that the priorities of families, children and young people in Sefton are addressed.
- Ensure that the new 0-19 service is linked into other services such as Living Well Sefton in order to provide a wider offer for families.
- Provide support for pregnant women on a range of health issues, including stop smoking services and breastfeeding support through development of a peer support model.

### **2. Healthy schools and pupils**

- Develop and implement a Healthy Weight Declaration across Sefton, which will encourage healthier food and promote more physical activity within schools and other settings.
- Develop and promote resources for children and young people which focus on emotional resilience, as an essential life skill. This is an area identified as a priority by young people within Sefton.

### **3. Helping people find good jobs and stay in work**

- Develop the Well Sefton programme to include opportunities to support enterprise and innovation activity, and promotion of Bootle as an area which actively encourages new investment and creation of future employment opportunities.
- Develop a plan to promote and protect the health of the workforce across the Council and wider organisations in both the public and private sector. This will include preventing ill-health and creating a health enhancing offer for employees.

### **4. Active and safe travel**

- Continuing to support walking and cycling programmes, including safe cycle training in schools and community settings across Sefton.
- Continuing to support local employers to develop sustainable travel plans which encourage active travel and reduce the number of car journeys made.

### **5. Warmer and safer homes**

- Continue to support the Council's intention to develop Selective and Additional (Housing in Multiple Occupation) Licensing within some areas of the borough, in order to ensure private landlord properties are of a decent standard.
- Consider how best to support local action to reduce levels of childhood injury in Sefton.

### **6. Access to greenspace and the role of leisure services**

- Use the findings from the public consultation on greenspaces and parks in Sefton, to allocate resources in the most effective manner, and encourage increased use and

participation in the management of the natural resources within the borough, particularly by those groups who currently access it least.

- Work with Sports England and the Amateur Swimming Association through the new Swim Pilot Programme, to modernise local swimming facilities and introduce new and innovative ways of motivating people to swim.
- Maximise opportunities for health promoting activities and campaigns as part of Sefton's 'Year of the Coast 2017' and beyond.

### **7. Strong communities, wellbeing and resilience**

- Support positive behaviour change within local communities and working to promote both formal and informal volunteering opportunities including through 'Pay it Forward Day' and 'Good Deed Day'.
- Ensure that local organisations continue to work together through the Welfare Reform agenda to reduce the impact of welfare reforms on local communities.
- Ensure that large-scale health and wellbeing programmes under development locally, such as 'Well Sefton' and the 'CLAHRC – Improving resilience to debt in Central Southport' programme, continue to focus on the development of strong and resilient communities.

### **8. Protecting the health of the public**

- Continue to work at a Cheshire and Merseyside level on a programme of work designed to ensure full use of alcohol licensing powers available.
- Explore opportunities to raise awareness of problem gambling and available local services, particularly for young people.
- Establish an Air Quality Steering Group which will bring together partner organisations and provide a forum for collaborative work around air quality within Sefton.

### **9. Health and spatial planning**

- Provide training to colleagues within planning in relation the health of the local population and how planning decisions can have a positive impact on health.
- Work together to identify forthcoming large developments and where appropriate, carry out Health Impact Assessments to ensure that developments have a positive impact on local communities.